

# Bugbrooke Medical Practice Autumn Newsletter

**Welcome to Miriam—our new Receptionist Administrator—she will be working full time here at the surgery to assist in all areas of patient admin to improve the service we offer our patients and help with the telephone capacity.**

**Welcome also to Thomas Ward FY2 and Shreya Rateria ST1 our New Registrars who will be joining the practice in early December**

**We will be saying Goodbye to Kamran Dawood , Tahira Waheed and Thujina Thillainathan our current Registrars—we wish them well with their continued training and thank them for all their efforts at Bugbrooke Medical Practice**

## CQC

**We have recently been re-rated and continue to have a GOOD Overall Rating**

## **Patient Participation Group**

**New Email address for your suggestions**

**bugbrookeppg@gmail.com**

**Let us have your view**

## **Surgery Closures for Staff Training Dates**

Wednesday 4th December 12.30 pm

Wednesday 15th January 12.30 pm

Wednesday 12th February 12.30 pm

## **Keep your contact information Up to Date**



we offer a text message reminder service for appointments. Make sure we have your up to date contact details, including your mobile phone number and let our Receptionist Team know you'd like to receive reminders.

## **NHS APP**

Did you know that you can access our online services with the need to come into the practice to collect log in details. The NHS App provides a simple and secure way for patients to access a range of NHS Services on their tablet on smart phone . Using the NHS App you can :-

- Check your symptoms
- Find out help what to do if you need help urgently using 111
- Book and manage your appointments
- Order your repeat medication
- Securely view your GP records
- Register as an organ donor
- You can find out more about the app by visiting [www.nhs.uk/nhsapp](http://www.nhs.uk/nhsapp)

## **ONLINE APPOINTMENTS**

**Remember this is a great way to book your appointments from the comfort of your own home without having to call the surgery .**

# CERVICAL CANCER AWARENESS



Every day in the UK **9 women** are diagnosed with cervical cancer

**1 in 4 women** do not attend their smear test



## MORTALITY

Around 2 women lose their lives from the disease every day



Cervical cancer is the most common cancer in women under 35



## PREVENTABLE

**75%** of cervical cancers can be prevented by screening, whilst **100%** of cervical cancer cases each year are linked to major lifestyle and other risk factors

## CERVICAL CANCER RATES BY AGE



Based on a research by Cancer Research UK & Jo's Trust

**Book your smear appointment today on 01604 830348 or using the online appointment slots**



**Flu Vaccinations are still available— Adults Over 65 and At Risk Patients are now able to attend the surgery on Monday to Thursday after 5 pm on a walk in basis and wait for an available clinician - just let the receptionist know that you are here for**

**Did Not Attend Appointments**—Please help us to utilise our appointments to the best possible potential. If you cannot attend your appointment please remember to cancel so that your slot can be used by someone else that needs it.

Your are able to cancel by calling the practice and pressing 1 and then 0 and leaving your details